

Most Posture Technique Classes will be 2 hours

from time to time we may go over

Wednesday 27th of September – 3pm

Thursday 28th of September – 2.30pm

Monday 2nd of October – 2.30pm

Tuesday 3rd of October – 2.30pm

Wednesday 4th of October – 3:00pm

Thursday 5th of October – 2.30pm

Friday 9th of October – 2.30pm

Wednesday 11th of October – 3pm

Thursday 12th of October – 2.30pm

Monday 16th of October – 2.30pm